

# THERAPEUTIC PLAYSCHOOL GROUPS

**Small  
Groups  
Ages 2-5**



**Fall  
Enrollment  
Open!**

**A supportive preschool readiness program designed to help children build the confidence, regulation, and social skills they need to thrive in preschool and beyond.** Designed and led by an occupational therapist alongside experienced early childhood support staff. Our PLAYSCHOOL groups help children build foundational skills needed for successful participation in preschool and classroom settings.

**Our groups incorporate:**

- Circle time
- Art & sensory play
- Movement, music & yoga
- Pretend play
- Early literacy exposure
- Weekly themes & hands-on activities

**We focus on developing:**

- Regulation & emotional awareness
- Social confidence & peer interaction
- Gross & fine motor skills
- Following directions & participation
- Comfort with routines & transitions
- Independence & self-confidence

This program is ideal for children who may benefit from a smaller, more supportive group environment as they build readiness for preschool and other classroom experiences.

- **Morning & Afternoon Options Available**
- **Small Group Sizes**

**[Click Here to Join our Interest List!](#)**

847-480-7833

info@progressive-pediatrics.com

www.progressive-pediatrics.com